

NAME: _____

THE SACRAMENT OF THE HOLY EUCHARIST

Matter

(What is done?)



Bread and wine are offered.

Form

(What is said?)

*"This is My Body.
This is My Blood."*

Effects

(What happens because we go to Mass and receive Holy Communion?)

We become more united to Christ.

We can live with charity, and so our venial sins are forgiven.

We are separated from sin and defended against committing mortal sins.

Who dispenses this sacrament?

A priest celebrates Holy Mass, which makes Jesus present in the Holy Eucharist.

In the Holy Eucharist, Jesus is made present to us under the appearance of bread and wine.



Jesus celebrated the Holy Eucharist for the first time with the Apostles at the Last Supper on Holy Thursday. We are reminded of this sacred event during the Holy Mass at the Consecration. When we receive the Lord in Holy Communion, He is truly present in body, blood, soul, and divinity.

How many times can one receive Jesus in the Holy Eucharist?

A person may receive the Holy Eucharist more than once.